

PREVENTION SAVES LIVES

Between 70-90% of leading chronic conditions (diabetes, heart disease, stroke, and cancers) can be PREVENTED through public health programs

HEALTH BENEFITS

A combination of not smoking, maintaining a healthy weight, and getting adequate physical activity can reduce the risk of heart disease, stroke, and cancer.

PREVENTION SAVES LIVES



STROKE: \$67 BILLION
HYPERTENSION: \$110 B

from cigarette taxes

of total healthcare spending.

Indirect costs of employees' poor health to employers can be 2 TO 3 TIMES the cost of direct medical expenses.



Supported by the CDC, Prevention Research Centers work as an interdependent network of community, academic, and public health partners to conduct prevention research and promote the wide use of practices proven to promote good health.

WWW.CDC.GOV/PRC

